“A successful team is a group of many hands but of one mind.” — Bill Bethel
Initiatives of Change Indonesia | Annual Report 2019

CONTENT ............................................................ 3
MESSAGE FROM THE PRESIDENT ................................. 4
WHO WE ARE ........................................................ 5

#MULAIKEBAIKAN2019 - Caring for Victims of Tsunami Sunda Strait .... 6
Gathering with Barbara Lawler .................................... 7
Outreach Program with Ibu Barbara Lawler ..................... 8
International Dialogue - Breaking Barriers and Building Trust .... 9
Sekolah Cerdas (Smart School) .................................... 10
Sangam Global Gathering ............................................ 11
Reflective Thinking Session at SMAN 60 Jakarta ................ 12
Workshop: All About Love ......................................... 13

Get to Know Indonesia More Closely; Presenting Papuan and North
Sumatran Culture ..................................................... 14
Reconciliation with the Self: Accept, Express, and Live with Our Emotions 15
Ethical Leadership Program ....................................... 16
Kartini’s Day: "Women Talk" ....................................... 17
Asia Pacific Regional Gathering (APRG) 2019 .................... 18
Trustbuilding Workshop: Love for Indonesia .................... 20
A Visit to IofC Indonesia Senior .................................. 21
Japan School Visit Program ....................................... 22
People Craft Program, Crafting A Leader from the IofC Roots ... 23
We come home, Recharged and Inspired after Caux! ............ 24
Interfaith Talk: Build Trust and Break Barriers .................. 25
Sharing Session: Papuan’s Talk ................................... 26
Students Orientation: Students' Roles in Education Development 27
Music & Public Speaking Workshop .............................. 28
Positive Teacher’s Camp 2019 .................................... 29
Inner Growth Companionship Program .......................... 31

FINANCIAL STATEMENT ............................................. 33
FUNDING ................................................................ 34
OUR TEAM .......................................................... 35
SUPPORT US .......................................................... 36
Irna Yugaswatie,  
President of IofC Indonesia

I personally think 2019 gone too fast, don’t you think? One said that life is 20% what happens to you and 80% how you react to it. and for IofC Indonesia, 2019 is the year of response, because most of the initiatives were to respond to what have happened. This is also a year of Collaboration & Partnership, where we work together with other NGOs to make things happened.

The year was started with tsunami that hit some regions in West Java area. Some friends initiated to raise funds for the victims in affected areas. The donation given to the kids to help them prepare their school needs such as uniforms and stationaries. As you may read in the report, we work with many communities to create this initiatives, it made us realize that we might feel devastated with the disaster that hit us, but we still can celebrate the friendship through this caring events.

At the international level, IofC Indonesia sent delegates to join the Trust building dialogue in India, Asia Pacific Regional Gathering in South Korea, Japan School visit program, People craft in Australia, and Peace conference in Caux. And soon after each program, the fresh ideas were challenged by our national condition to put into actions. The division after Indonesia’s national presidential election, the Papua riot’s, were two biggest concerns where IofC Indonesia tried to initiate space for dialogue to rebuild the trust.

Hope this report helps you understand the work we do, inspires you, and gives you glimpse of ideas on how we can collaborate and support each other. For next year, we hope to create Youth Camp as regular as we have created Teachers’ camp these past two years. Excited to welcome all possibilities 2020 can bring.

We wish you all a very happy new year, may 2020 inspires us to create more balance in our life and in the world we live in.

Thank You.
WHO WE ARE
Initiatives of Change (IoC) is a world-wide movement of people of diverse cultures and backgrounds, who are committed to the transformation of society through changes in human motives and behaviour, starting with their own.

WHAT WE DO
Vision: a just, peaceful and sustainable world to which everyone, responding to the call of conscience, makes their unique contribution.

Mission: to inspire, equip and connect people to address world needs, starting with themselves. We work worldwide on many initiatives through a network of individuals, groups and organizations.

FOCUS AREAS
Trustbuilding: Peace and social cohesion through trust and reconciliation. Ethical Leadership: Developing a leadership culture based on moral integrity, compassion and selfless service. Sustainable living: Economic justice and environmental sustainability by transformation of motives and behaviour.
#MULAIKEBAIKAN2019
Caring for Victims of Tsunami Sunda Strait

#MULAIKEBAIKAN2019 is an event hosted by 5 communities, Komunitas Pecandu Buku, Blogger Jakarta, Komunitas Bicara Baik, Kelas Inspirasi and iofC Indonesia. The program consisted of a workshop, talk show and musical performance and was held on Saturday, 19 January 2019. This is a social project with the theme “Love, Diversity, and Unity for Humanity”. This event was to fundraise for the victims of the tsunami in Sunda Strait.

The session started with a workshop, led by Sarmoko, the chairperson of #MULAIKEBAIKAN2019. Haililah Tri, a lecturer and founder of RedMaroon Communications, who shared about Brand and Urgency of Public Relations (PR). “Public Relations is about good performance and respect from the public. It is related with performance and reputation. We can show good performance and get compliments by working well and making actions to support a beneficial relationship with the general public.”

The second facilitator, Widhi Sutopo, founder of Banyu Communication, shared about How to Be a Reliable Public Relation Practitioner in the Digital Era. “Nowadays, we face a digital era in which a PR practitioner is expected to be creative and to have strategic thinking skills.”

Ray Rahendra, a creative strategic director of Getcraft shared about How to Be a Positive Influencer in the digital era. “Everyone wants to be heard, but not everyone knows how to be heard.” Indonesia is the largest and fastest growing internet economy in Southeast Asia. Nowadays, we can easily get connected with the internet. With this condition, it can be said that everyone can be an influencer through the digital media.

Enricko Lukman is a content creator and the co-founder of C2live, a technology platform for Indonesian bloggers. He talked about How to be an Upgraded Blogger. Some people choose to be a blogger because they love to share and to inspire, to think analytically, to have an income, to make new friends, and to refresh their mind.

The event ended with a musical performance called Donation Musical Night.

Reported by Yofrina Octika Gultom
On 10th February 2019, was our first day having a gathering at the new house of iofC Indonesia. Our special thanks to our friend, Nonie and her mother, who willingly share their house to be used for the iofC office. In our gathering, we were grateful to have Barbara Lawler before she returned to Australia.

We started with a Quiet Time session and shared about our life updates. One friend shared, “Being honest and transparent to my eldest son comes to my mind. I learn how to talk honestly and properly to him even though he is still very young.” Alifah, one of the participants said, “I have had more quality times with my mother lately. I also feel thankful to be given the opportunity to share my experience as part of iofC a few days ago at Tanri Abeng University (TAU), where I graduated from. I was there with Barbara and the iofC team for an outreach program.” Rama, who had just returned from the International Dialogue at Asia Plateau, shared about his valuable experience during the program. “I felt grateful that I had more Quiet Time during my stay in India and was blessed that my wife and I could visit Kashmir after the program. Indri, one friend who had joined a Peace Circle in iofC Australia, felt grateful that after coming back to Indonesia, she could reconnect with iofC in Indonesia. “I am glad that I could connect with the iofC Indonesia team, after got to know iofC while studying in Australia.”

Sharing from Barbara Lawler, “I am very glad to come back to Indonesia; this is my fourteenth visit. It was great that we start today’s gathering with Quiet Time. God makes things clear about what I have to do through having a Quiet Time. I believe that Indonesia, with the biggest Muslim population in the world, and Australia, a western country, can together model something that the world needs.”

— Barbara Lawler

Reported by Yofrina Octika Gultom
Outreach Program with Ibu Barbara Lawler

After the Sangam Consultation Meeting in Asia Plateau India, Barbara Lawler took time to visit the Indonesian team. The visit was to reach out to people whom she had met in Melbourne and also new friends in Jakarta. The first day was a workshop on Indonesia I care, together with the IofC Indonesian team led by Miftahul Huda, to facilitate a session to students of Jagat Arsy Boarding School on the ideas of caring for the nation and taking a step to be the change we wish to be. Jagat Arsy Boarding School, as the host of Barbara, gave her a warmth welcome by singing and providing traditional music played by students. The aims of the outreach are to strengthen our friendship as well as to create hope for Indonesia and the world. The first day was a meeting with the vice rector of Tanry Abeng University (TAU) Jakarta hosted by our friend, Akhmad Hairul Umam who has been actively bridging IofC Indonesia to the students of TAU. The following day was a meeting with Inayah Wahid, the daughter of the fourth president, Abdurrahman Wahid who met IofC friends in India during the commemoration of Mahatma Gandhi. Inayah was in Melbourne for the talk and hosted in Armagh. She has been a great friend and supportive of IofC work in Indonesia.

The following day we met Dewi Wahab, who works under the Ministry of Foreign Affairs of Indonesia and she is open for collaboration with IofC nationally and internationally. We also went to meet friends who work for Nahdlatul Ulama and Muhammadiyah, two of the largest Islamic organizations. We met with LPBI NU team, who work in the field of disaster management and they shared their experiences during the training in Brisbane with other Indonesian organizations who work on humanitarian issues. We also met Abdul Mu’ti, the Secretary General of Muhammadiyah who spoke in Melbourne and also at the Asia Pacific Youth Conference (APYC) 2006 in Indonesia.

Barbara also had a chance to meet Yusni Kusumawardi, a senior of IofC Indonesia who used to work with MRA in the old times. Agus Mulyana, the prayer leader of Harakatul Jannah Bogor went down to Jakarta for the IofC meeting, and he shared that Indonesia is in a political year as there will be a presidential election in April. “We face many challenges and struggles in this country, but we have our freedom and conscience to guide us to follow what is right and true for ourselves to be the change for Indonesia.” He also urged that with IofC we could collaborate with international programs such as conferences, dialogue and outreach.

This is in line with the thoughts of Budi Rahman Hakim, the founder of Jagat Arsy School, who just graduated from Tillburg University in the Netherlands. On the following day there was a Sunday gathering of the Indonesian team in Jakarta with Barbara Lawler.

Reported by Miftahul Huda
International Dialogue
Breaking Barriers and Building Trust

The International Dialogue was organized by IofC India. It was open for all who wanted to experience the IofC and Asia Plateau’s vibes as it has been mentioned by so many IofC networks in particular. The program had the broad theme, Breaking Barriers and Building Trust. It was for 5 days and there were 44 countries represented.

There are two parts that could be defined as the best part of all and covered all sessions throughout the Dialogue; Inner Listening and Listening to Others. The quotes from some of the great leaders: Shuresh Vazirani, the president of IofC International: “Lack of happiness is lack of trust, the need of society today is to build trust, and IofC is the most suitable space that can do so.”

Barry Hart, a member of IofC International Council: “IofC can be called pra-academic, a very practical work in academics.”

Dr. Rao – Director of AP: “To work with IofC, you need to believe in the power of people. Dream (something that) impossible! Remake the world just like Frank Buchman, why not have the world governed by man, governed by God.”

"Lack of happiness is lack of trust, the need of society today is to build trust, and IofC is the most suitable space that can do so.” — Shuresh Vazirani
Sekolah Cerdas (Smart School)

Smart School is a partnership program organized by Peace Generation Indonesia, LazisMu (Lembaga Zakat, Infaq and Shodaqah) Muhamadiyah and MDMC (Muhammadiyah Disaster Management Center). This project aims to educate the public, especially schools about both natural and social disasters. CERDAS stands for CERia (cheerful), DAMai (peace), and Siaga Bencana (Disaster alert).

The program of Smart School was designed very intensively. There was a very tight selection process to select the best volunteers to be sent to 5 cities; Nusa Tenggara Timur, Maluku, Yogyakarta, Surabaya and Cianjur for 3 months. From approximately 200 applicants, only 10 people were selected, then they had to take a 10-day quarantine process (24 October – 2 November 2018) to be trained about the material and skills related to handling disasters caused by nature as well as receiving the material and skills on how to handle social disasters by learning 12 basic values of Peace. The Inner development values delivered by friends from loFC Indonesia. They learned to understand the importance of reflection and self-evaluation by always listening to their inner-voice, elaborating and getting to know themselves more deeply, learning the importance of forgiveness and moral values for life such as honesty, purity, unselfishness and love.

After the completion of the service (3 months), they returned to the quarantine site and did the re-orientation, reflected on what had been done, evaluated everything that had been done and shared their experiences. No less important was their personal change story, not only changing themselves, but also society where they served. The small contribution to change in the country is very effective and it has a domino effect.

*Reported by Nenden Vinna Mutiara Ulfa*
Sangam Global Gathering  
30th Jan - 2nd Feb, 2019

The Sangam Global Gathering was attended by 79 participants from 37 countries. Most of the participants are the Program Directors and National Coordinators of each country within the IofC International network. At the opening, Imad Karam, the IofC International Council Executive Director led the first Quiet Time with regard to gratitude for those who made it to the gathering and sending prayers for the people who couldn’t make it.

My first impression for the gathering was most of the participants are those who have known IofC for many-many years; a short conclusion when I saw many “silver generation” participants. There were also some people from the younger generation who have been devoted to IofC in other parts of the world. This was how the wisdom of the elderly blends with the freshness and vigor of the youth. I felt hopeful and privileged being amongst them.

Regional Discussion
To sit with Asia Pacific Coordination Group (APCG) was essential, because these are the closest resources we can easily share with. I wish to have more connections with neighboring countries such as Malaysia, Timor Leste, and Australia. Also to work real close with India with its education initiatives.

Quiet Time(s)
Each morning at 6.30, tea was served in the dining room and at 7 am, we had our Quiet Time sessions together. The caring friends, the serenity of AP has always brought QT experience to its higher level. On a personal level, this is always my favorite part although the findings within me are not always pleasant.

Reported by Irna Yugaswatie
Reflective Thinking Session at SMAN 60 Jakarta

*Generasi Cerdas Indonesia* (GCI), one of our partnerships, ran a Reflective Thinking session at Sekolah Menengah Atas Negeri (SMAN) 60 Jakarta. GCI has a vision to create Indonesian young intelligent generations having noble morality and character. This vision is in line with IofC in building personal characters. Bahari Lubis, the school principal, warmly welcomed both the GCI and IofC Indonesia teams. He expressed his appreciation to the young and energetic team who facilitated the teachers and school staff as the participants.

This one hour-session was the follow up after the Positive Teachers Camp which was held in 2018. One of the participants from SMAN 60, who attended the camp, was impressed with the Quiet Time session. She then recommended to the school principal to invite our team to facilitate a Quiet Time session at their school. This program was continued with an internal meeting.

Irna Yugaswatie led the session introducing Quiet Time and asked us to evaluate ourselves, using the 4 moral standards: purity, honesty, unselfishness, and love. Having been divided into groups, we shared on our inner reflection with the quiet time. Inputs were, Why I decided to be a teacher/school staff and Who my inspiring teacher was. One teacher shared, “I was inspired by my uncle who worked as a teacher. He lived peacefully with his family and for me, my uncle was my role model. As a teacher, I don’t only educate my students but also my family members.”

A teacher shared that being a teacher doesn’t only fulfill her passion in education but she also has more quality times with her children after school. Some teachers acknowledged that having self-reflection is so essential that this activity should be continuously applied in our daily lives.

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Reported by Yofrina Octika Gultom

"I chose to be a teacher because of my former teachers. I want to inspire my students as my teachers inspired me when I became their student."

— Participant of Reflective Thinking Session
Workshop: All About Love

The School of Reconciliation (Sekolah Rekonsiliasi) presented a workshop entitled, “All about Love” at Ruang&Tempo building. Sekolah Rekonsiliasi is inspired by the passion to care for others and is also referred to as a companionship program.

This workshop was held on 23 March 2019 with the theme, “We can’t love other people well, before we are able to love ourselves.” The agenda was to talk about Loving Self, Falling in Love, a One on One Session, and the launching of Sekolah Cinta, a new program of Sekolah Rekonsiliasi to share and to deeply talk about love.

This workshop presented Dhuha Hadiansyah, the author of Falsafah Keluarga, a book about a philosophical view of family. He said that people fall in love because of the lack of love. “When we can fall in love, we also have to know how to build love.” In his book, Dhuha explained further about family issues; that people who lack affection in their childhood tend to have a lot of difficulty love themselves.

Nenden Vinna Mutiara Ulfa, co-founder Sekolah Rekonsiliasi said, “How can we accept God’s love, if we don’t love ourselves? Love is the core of life.” Loving is not giving in but both people winning. Loving each other means we decide to grow together spiritually. Nenden also talked about emotional control such as anger management. Getting angry is normal as long as we don’t hurt people when we are angry. It is a way to release our emotional pressure.

During the workshop, the participants were given space to reflect on their childhood memories, then sharing in groups. This session was aimed to recall their memories, to appreciate what had happened, and to find out that love has grown since childhood.

"We can’t love other people well, before we are able to love ourselves.”
— Workshop: All About Love #DearMe

Reported by Yofrina Octika Gultom
Get to Know Indonesia More Closely; Presenting Papuan and North Sumatran Culture

SMP Islam Takwinul Ummal is a newly built private school that is funded through charity located in a remote hamlet, in Karawang city, West Java, Indonesia. This school was built for the poor orphans living around Karawang Area. The school doesn’t burden the students to pay and the students receive an education, meals and shelter for free.

This is the first year of the school. In this semester the students learnt about the concept of Unity in Diversity. In order to give them a greater understanding of what it means to live together in peace and harmony with people coming from diverse cultures, religions and other demographic differences. We therefore invited two IofC friends from North Sumatra and Papua to share their experiences. Those two wonderful people are Ricky Chuan and Ardiyamsi Sarmoko or Moko for short.

Ricky Chuan is a university student in Jakarta. He comes from Papua. He is a Christian who is actively involved in the Association of Indonesian Islamic Students (HMI). He is a passionate learner who likes to try something new. He is a typical Papuan with curly black hair and super exotic skin so that people easily spot him as he is totally different from us by appearance.

He began the session by presenting the history of Papua before the Papua region was split into two becoming west and east Papua. Next he explained that there are so many tribes and clans in Papua. Two of the most popular ones are the Asmat and Danni tribes. Ricky himself comes from the Dani tribe. He told the students some of the unique traditions in Papua, like Barapen. Barapen is one of the oldest traditions in Papua and usually performed as a symbol of brotherhood and gratitude. This tradition is basically an event when people gather and cook together.

The presentation ended with him teaching us the language of his tribe, waaawaa waaa he says and the students responded with great laughter.

The next presentation was the culture from North Sumatra, presented by Moko, a Javanese who lived in Batak land.

He started the session by having the students sing Dari Sabang Sampai Merauke, and he showed us the picture of Lake Toba, the icon of North Sumatra.

Reported by Veny
On the 4th March, 2019 IofC Indonesia received an invitation from Purposeful People Community to talk about Reconciliation with the Self. Dhuha Hadiyansyah, a counselor at the Sekolah Rekonsiliasi (School of Reconciliation), shared about emotions and how to express them. This workshop was attended by 35 participants. “All emotions must be accepted, and what needs to be managed is how to express your emotions.”

“Emotions are natural, but their expressions are usually learned from and passed on by the family,” he said. Children whose feelings are usually suppressed will find it difficult to respect themselves. This difficulty in respecting oneself occurs because of low self-esteem at the level of nature, that is, at the level of being and consciousness, because the ego boundaries have been violated by others; in this case by parents.

“There is a feeling of defeat and submission; both of them are at the conscious and subconscious level. This child in the next stage will find difficulties to make choices. As a result, he will be less responsible because he feels that he is living a life that is not driven by the energy in him.”

Dhuha said this child becomes less aware of his inner experience and less responsible for all feelings, hopes, views and wills, including his behavior. In the next stage, he will find it difficult to grow in harmony and live in conditions of peace, pleasure, happiness, love and connected with his world. His life experience was gripped by negative experiences in the past. If this experience settles into adulthood, people have to carry out a process of awareness. In Sekolah Rekonsiliasi, we have some therapies using several methods: meditation, quiet time, writing stories, and writing letters.

Reported by Dhuha Hadiyansyah
Ethical Leadership Program

IofC Indonesia, in collaboration with Tanri Abeng University (TAU), presented a Talkshow entitled “Ethical Leadership” which was held on April 6, 2019. Several times we have been asked to collaborate with TAU in hosting leadership seminars and outreach programs.

Khairul Umam, on behalf of TAU, delivered his speech to welcome all participants. Being the former president of IofC Indonesia, Khairul Umam was the person who created the partnership between IofC Indonesia and TAU. “In this seminar, we will learn how to be ethical leaders, to have emotional strength, and to build networking.”

The agenda started with a sharing session led by Najah Raniyah, the alumnus of TAU, who was also a participant with the Asia Plateau Volunteers Internship Program (APVIP) in India. Rohmatulloh Amirotudin, the national partnership coordinator of Association Internationale des Etudiants en Sciences Economiques et Commerciales (AIESEC), led a session on Leadership: Millennials and Social Responsibility.

Anne Rufaida, the media and communication coordinator of IofC Indonesia, shared about her dreams and passion. “In our life, sometimes we learn, sometimes we lose”. I found out that I was passionate about technology development.” Anne also shared how she met IofC Indonesia and now she is one of the core team. “I want to spare my times not only for professional work but also for voluntary work.”

Mohammad Arief Julianto, the founder of Nongki Saham, shared about how to take decisions and actions to be agents of change. “Through IofC, I learned to take personal initiatives on things I am concerned about. I had thought to build a community focusing on investment named Nongki Saham because I am concerned with investing in Indonesia. To be a great leader, never stop learning, give a contribution, collaborate with people, appreciate people, evaluate yourself, and improve to innovate. To lead is to inspire.”

The second session was Ethical Leadership: The Power of Me. Irna Yugaswatie, facilitated a session on sharing the values we learn through IofC. “In an IofC gathering we start our sessions with a Quiet Time, a moment when we listen to the inner voice of conscience, and we write down the thoughts coming during these times of quiet.”

Reported by Yofrina Octika Gultom

“In the end, we spread the impact to deliver a more life changing experience and to create the world’s future leader.” — Rohmatulloh Amirotudin
Kartini’s Day: "Women Talk"

IoFC Indonesia presented a workshop entitled, “Aku Perempuan, Akulah Perubahan” (I am a Woman, I am a Change Maker) on the 27th April 2019 at Tempo Building. This event was held from the 21st to the 27th April 2019. The theme was “Women’s Talk”, organized by KUMPUL. It consisted of exhibitions, talk show, film screening and seminars. IoFC Indonesia participated together with some communities such as: Women Will, SabangMerauke, Rumah Millennials, womenpedia.id, KeluargaKita, and many more.

Kartini’s Day is a day commemorated to coincide with the birthday of National Independence Hero Raden Ayu Kartini on 21st April every year since 1964 by all Indonesian provinces. The objective of Kartini Day is to commemorate and honor the struggle of R.A. Kartini to realize the equal opportunity between men and women in the modern era especially in the field of education and in general gender equality in all fields.

The workshop was led by Dinnie H. Firdausi (Nonie) and Anne Rufaida. The agenda was to talk about change within ourselves. The workshop started with an input “Three things that you are grateful for today.” A participant shared her thought, “I am blessed because the weather was good today. I met some new friends and I got new network by attending this event”. One participant shared that she felt more connected with IoFC friends.

After the participants shared their thoughts, Anne shared what IoFC Indonesia focused on, what we are doing and how to be involved with IoFC movements. She also shared about the 4 moral standards and quiet time. “When people listen to what is deepest in their hearts, insights often come which lead in unexpected directions. Many understand this experience as guidance from God, others as the leading of conscience or the inner voice. The regular practice of silence can give access to a source of truth, renewal, inspiration and empowerment”.

People said that they need more space like this to share and to look deeply about relationships.

Reported by Anne Rufaida & Dinnie H. Firdausi

“After dark comes light”
— R.A Kartini
Asia Pacific Regional Gathering (APRG) 2019

The APRG is a biannual gathering which is hosted by the Asia Pacific Coordination Group (APCG) members, under Initiatives of Change (IoC). It was held in South Korea from 27 April to 1 May, 2019. This gathering is aimed at listening to updates from each member of IoC in Asia Pacific regions, to discuss current issues around the region, to select the members of APCG, and to build connections and collaboration among the regions.

As part of the IoC culture, we started each day with Inner Listening. One of the quiet time inputs was “Only an open gate can receive visitors, only open hands can receive gifts, only an open mind can receive wisdom, only an open heart can receive love; as Joan Walsh Anglund said, “How does this relate to you?” One participant said, “Being open can be defined in two different ways; being open to share ideas and being open to accept feedback. I have learned to be more open and to try to attack fear of being hurt when I am open with people around me.” As a final point, each of us learned we should take time with ourselves (connection), find out what we need to put right (correction), and follow our heart so that we can know which way we should go from our darkness (direction).

It has also been a great journey for APCG members in the past 2 years; supporting teams and programs in Asia Pacific regions. Having outreach programs were more than visiting the local team, but to listen to voices from more different people, to find out the needs and resources from the team, and to build fellowship.

With the spirit of discussion, consultation, and consensus process, we select the new members: Kim Vuth (Cambodia), Tony Amar (New Zealand), Yofrina Octika Gultom (Indonesia), Yeonyuk Jeong (South Korea), Elise Collins (Australia) till APRG 2023, and Nigel Heywood (Australia) from January 2020 till APRG 2023. Two members continue to serve are Siddharth Singh (India) till APRG 2021 and Patrick Sta Maria (Malaysia) till December 2019.

In the end, we reflected on what we could bring home to the regions after APRG. Many thoughts, ideas and concerns were raised in the APRG; by listening to the inner voice and putting thoughts into actions, that we were filled with hope, prayer, and care.

Reported by Yofrina Octika Gultom
On May 11, 2019 Sekolah Rekonsiliasi (School of Reconciliation) presented a gathering in our partnership office, Peace Generation, Bandung. The participants came from both Jakarta and Bandung; the theme of the program was “Loving Self”.

It started with introducing ourselves because some of them were meeting for the first time. The participants then had a quiet time, reading books, sharing, and fast breaking. Through this program, they strengthen their friendship and support for each other. The quiet time inputs were “What are my motives to come here and what I will take back from this gathering.” One participant shared, “I was interested with the theme of the program and loved to learn here. I want to live a happier life. Unexpectedly, in this gathering, we didn’t only talk about how to love ourselves but also it turns out how to give benefit to everyone surrounding me. I learned about self-love and now I can understand my parents more.” Another participant said, “I came with a mental illness and I want to be a better person. I feel comfortable and feel accepted here.”

During the reading session, each participant read their parts in the book, “Learning to Love Yourself”, by Gay Hendricks, and then we discussed it. We also shared our thoughts, experiences, and problems which are related to the information in the book. They were guided to have a deeper understanding of what we had read. The participants will continue reading, sharing, and discussing further in the near future.

“Ngabuburead”

Reported by Siti Rukoyah
Trustbuilding Workshop: Love for Indonesia

Love doesn’t need to be perfect, but love needs to be true. In our simple ways, how do we show love to our country? With the spirit of love, IoFC Indonesia presented a workshop with the theme of Trust Building: Love for Indonesia. This program was held on May 25, 2019 at our partnership office, Ruang & Tempo in Jakarta.

The aim was to train and strengthen visionaries in peace building skills and trust building methodologies, to raise awareness of a personal trust narrative, and to develop steps for building trust and leadership in one’s own life.

Miftahul Huda, from IoFC Indonesia, started the session with a question “What comes to your mind when you hear the word ‘trust’?” Some said, trust is about honesty, care, communication, love, faith, and care. A personal reflection with some highlights: “Am I trustworthy?, Do I trust myself, and Do I trust others?” The participants were given times to share their thoughts and listen to others in the group.

Trust building is also one of the most important measures in society to create a better country. As a closing statement, we need to learn to work with people whose world view is different from our own, who challenge our assumptions, whose presence may threaten our security. This learning may help us build trust and express love to others.

Afterwards, Muhammad Ramadhona facilitated a session on, “Love for Indonesia.” In this session, we reflected on what’s happened recently in Indonesia after the presidential election. The highlight is that having a different choice and opinion is okay and it is about respecting others.

On this day, we also listened to a sharing session by Yofrina, who attended the 6th Asia Pacific Regional Gathering (APRG) in South Korea. APRG is a biannual gathering attended by national teams of IoFC in the Asia Pacific region. Today’s gathering ended with breaking fast for our Muslim friends. We are grateful for a well-spent day and some insights about how to build trust with others.

Reported by Yofrina Octika Gultom
A Visit to IofC Indonesia Senior

On May 31, 2019 IofC Indonesia team paid a visit to a senior of IofC Indonesia. Jusni Kusumawardhy Jusuf, a 92 year old lady, has known MRA/IofC since 1959. She, together with her late husband, Kusumawardhy, also known as John, was introduced to this social movement by Kusumawardhy’s elder brother, named Soenarto. In truth, one of Soenarto’s granddaughters, Nonie was part of IofC Indonesia team. Nonie found that her late grandfather, Soenarto, was part of MRA/IofC after she’d been involved with IofC for years.

Jusni shared her stories on how she got to know the MRA/IofC. “My husband and I were invited to attend an MRA/IofC conference in the Philippines. As I got the calling, I was involved more with MRA/IofC programs. I decided to take leave for a year from my work as a civil servant, and then we joined outreach programs around the world together with MRA friends from various countries. As a freelancer, it was not hard for my husband to travel abroad. My brother in law, Soenarto worked at the state radio network of Indonesia. It was challenging for him to travel abroad; that’s why my husband and I committed to join outreach programs in various countries.”

Jusni and her husband stayed in the USA with other MRA/IofC friends, also travelled to Japan, Caux, India as well; and got connected with MRA/IofC friends there. They were also friends of George Wood, Rob Wood’s father from Australia. Jusni said, “MRA/IofC is a way of living. This movement makes me a good Muslim. Having quiet times daily guides me to reflect on my personal life and how I care for others.” She also expressed her gratefulness for our visit. Her message to young team is to keep the commitment in spreading peace and value our lives with the values of purity, honesty, unselfishness, and love.

Reported by Yofrina Octika Gultom

“To IofC young team; keep the commitment in spreading peace and value our lives with the values of purity, honesty, unselfishness, and love. “
— Ibu Jusni Kusumawardhy Jusuf
Japan School Visit Program

Japan is one of my dream countries to Neas Wanimbo felt privileged to be selected as one of the School Visit Program volunteers in Japan this year with the other volunteers Ngoshi from Tibet, Ria from India, and Parwana from Afghanistan. This program was held from 10 May until the 17 June 2019.

During the program, they visited 20 schools from Elementary Schools to universities. The participants presented their countries and introduced the ideas of IofC through skits and personal story sharing; also they had a question and answer session. The program was published in a newspaper and one of the local TV news.

“Staying with a host family was one of the most unforgettable experiences because it gave me deeper understandings about the Japanese lifestyle and culture. My host family also donated some books and stationery for my library project in Papua.”

“The program helped me to understand the difference between Japan’s and my country’s education systems. I am passionate about the education system in Papua. I believe that what I have learned during this journey will be useful with my library project in Papua. This journey was really meaningful for my future. I thank IofC Indonesia and the IofC Japan team for giving me this opportunity to have an amazing experience.”

 Reported by Neas Wanimbo

“I thank IofC Indonesia and the IofC Japan team for giving me this opportunity to have an amazing experience.”
People Craft Program, Crafting A Leader from the IofC Roots

Dahlia Rera felt so grateful to be part of People Craft Program that it helps her to support her personal development and leadership skills. “I can explore who I am, find my direction and my role as an individual, an IofC family member, and also as a professional worker.” During this 9-week program, the delegates sharpened their skills, knowledge, and capacity exchange about IofC practices, processes, communication, organization, and program design. This program also increases cross cultural understanding and strengthens the IofC network as they came from different countries; Indonesia, India, and Zimbabwe.

Living in a new environment and learning about how IofC Australia friends gain their friendships and organizations encouraged her to tackle the many challenges she has. She observed and understood how people are; their belief, assumption, way of living, style, common ethic, while slowly she was able to interact or communicate directly with the people. “To keep on learning is one of the keys in the new environment. I believe there should be one unique value in a culture that I should understand so that I know what they really mean by it.”

During her time with IofC Australia, Rera worked with people who run the IofC programs. Rob Wood and David Vincent took her to so many IofC networks that help her to grow. “I got a lot of insights and inspiration from many people I met. IofC Australia has built a strong root of friendship and trust. I joined the weekly quiet time and the weekly Thursday group meeting before lunch. This gathering has been going on since the 1970s. This weekly gathering taught me about being consistent and having a commitment.”

“The other special “gift” was having a personal mentor. The mentor is a safe space to raise concerns, ideas, and to give constructive advice. This is also an opportunity for my personal development.”

Reported by Dahlia Rera O.
We come home, Recharged and Inspired after Caux!

Huda and Nenden joined 3 programs: Towards Inclusive Peace (TIP), Global Assembly and Training of Trainer Trust Building in Caux.

Last Year Elliana, one of the Program Director had contacted me if I am interested to be part of the program, then she comes to Asia Plateau India and met my wife, Nenden and Indonesian team. Since then Elliana knew what we were doing in Indonesia with IoFC as well as with program of Peacebuilding and Boardgame with Peace Generation. Through communication and coordination, we agreed that we would be coming with Irfan Amalee who is the Executive Director of Peace Generation and he would be the speaker for the plenary. Unfortunately, he was ill and made him bed rest.

It was a memorable and learning journey personally and professionally as we had a privilege to run a 3-day workshop on Youth for Peace; Preventing Violent Extremism through Boardgame and Country Focus-Indonesia.

In our Focus Country, we had no ideas how to run it, but to prepare and experience it we came to our Indian friends who hosted one day before our schedule, we learn from our Northeast Indian friends who are committed to bringing peace and reconciliation in their areas. They shared their personal story that leads to a bigger context of forgiveness and reconciliation among the people in NE India as well as with mainland India. I was so inspired and touched how our Indian friends conduct the session on Focus Country NE India. The day when we need to speak on focus country Indonesia, I presented about Indonesia today, who will be the 5th largest economy in the world by 2030, we are huge country with thousands of islands, with diverse ethnics and cultures and the work that we are doing to build trust between the divided communities, especially between Muslim-Christians.

Reported by Miftahu Huda and Nenden Vinna Mutiara Ulfa
Interfaith Talk: Build Trust and Break Barriers

IofC Indonesia in collaboration with Jagat Arsy school hosted the Interfaith Talk with the theme “Reading History of Abraham” on Friday, 16th August 2019. This topic is in line with the special time during which Muslims celebrated Eid Adha or Eid Qurban otherwise known as the Festival of Sacrifice.

Budi Rahman Hakim, the director of the school welcomed and shared his vision that the school is proud to host this talk “despite the differences among the three religions of Judaism, Christianity and Islam. A common thread in these religions is the belief in Abraham.

One of the speakers, Imam Ozi Fahrurozi who is a teacher at Jagat school and participant of the 1000 Abrahamic Circle, visited the US and New Zealand to meet three religious leaders, visited mosques, synagogues and churches as well as having honest conversations as a family. He said, “I felt grateful that I am in this program, I think there are so many misleading concepts and prejudices toward Christians and Jews. In this program I was privileged to meet my fellow Rabbis and Pastors and becoming best friends during the 4 weeks we spent together.

The talk was reflective and challenging as Indonesia has acknowledged 6 religions but not Judaism, even though there are a few followers existing in Indonesia. Rabbi Eliot from Colorado in the U.S spent one week in Indonesia and shared, “We tend to forget that we have one father Abraham or Ibrahim, yes we fight each other as if we are family, but there is a story that Abraham’s sons were together (Ishaq/Isaac) with Ismail to bury his father”. The Rabbi also said, “The world needs to know beautiful Indonesia and its diversity; not many people know that Indonesia is a democratic country with the largest Muslim population in the world.” The Indonesian team will carry on to complete the mission to create a new story by building trust, breaking the barriers and maintaining diversity with peace and tolerance.

Reported by Miftahul Huda

“If we cannot end now our differences, at least we can help make the world safe for diversity.”
— John F. Kennedy
Sharing Session: Papuan’s Talk

On 1st September 2019, IoF Indonesia held a discussion called “Papuan’s Talk”. This discussion was held to talk about Papuan’s conflict that recently happened in Indonesia. As seen in the media, people from Papua protested to the government after a miscommunication happened in Surabaya. After this incident in Surabaya, another protest and demonstration happened in Jayapura, Manokwari, Sorong, and Jakarta. IoF Indonesia invited Neas, our friend from Papua to share his perspective and thoughts.

Neas started by expressing his feelings as an Indonesian who comes from the eastern part of Indonesia. “When I was in Elementary School, I had only one teacher who teaches all classes and subjects in my school.” From this statement, Neas wanted to share that there is still a huge gap in facility and infrastructure between Papua and other provinces. Through the discussion, we understood that the protest and demonstration was such a time bomb. It was a lesson for both government and society to care and build more empathy towards our family in Papua. This incident taught us that our brothers and sisters who live in the east still feel marginalized and need help. Indonesia still has a lot of hope and possibility to bring back the peace. We hope that we can keep harmony by not taking actions which hurt Papuan people’s feelings and contain discrimination, racism, and intolerance.

Realizing that Pauans still need access to better education, we can help each other. For instance, Java, the most populous island has a lot of teachers and access to share to other people in other areas including Papua. By renewing the spirit of cooperation and breaking the barrier, Indonesia can show to the world that people in this country live peacefully and care for each other.

Reported by Aqil Aulia Wafda Amin
Students Orientation: Students’ Roles in Education Development

On the 13 September 2019, the IofC Indonesia team was invited to share on how students play a role in education development. This program is part of Students Orientation Batch 8 of Tanri Abeng University (TAU). It was great to continue partnership and cooperation and also to shape collaboration between IofC Indonesia and Tanri Abeng University.

It was amazing to share with the students because they were enthusiastic listening. I was given time to share my experience in my community on how to make a change in our society and how to do a little thing which can have big impacts. I thank IofC as a bridge for me to get this wonderful chance and experience. - Adi Raharjo

On the second day of the Student Orientation, the IofC Indonesia was invited again for the Trust Building session. It’s important for the freshman students to have strong fundamental on how they treat people from different backgrounds and collaborate/working as a team.

The IofC Indonesia team provided some trust building games such as ‘Caterpillar’ where the participants should formed a caterpillar and carry air balloons without using their hands. This game points out harmony, strategy, and teamwork skills. The second game we provided was “Catch the Ball”. There must be one participant blindfolded, he/she had to take certain balls and how he/she get the ball is directed from their team members. This game points out trust, focus and teamwork.

The world needs smart, active young generation who can make an impact to the society. And IofC Indonesia was grateful to be given this opportunity to share and participated in Student Orientation of Tanri Abeng University to shape these future leaders of change. - Alifah Djula
Music & Public Speaking Workshop
Music Workshop

Music is what feelings sound like and we can express our feelings through music. On 25 October 2019 we had a music workshop led by Patrick Anthony Sta Maria, from IofC Malaysia. Having experience and exposure in the field of entertainment and music, Patrick incorporates the use of music in the training and workshops that he conducts. He won the heart of his audience through his songs and presentation. One of his songs is, “There are no strangers in the world, only friends we haven’t met.” The lyrics remind us that we are all friends and we can be friends with everyone.

His visit to Indonesia was part of his outreach program as a member of the Asia Pacific Coordination Group (APCG). One of the APCG mandates is to offer servant leadership in the Asia Pacific region on the basis of trust and fellowship to the IofC network in the region, coordinating needs and opportunities. In the regions, we understood the possibility of sharing skills and making sure that each region maximizes its potential, also to acknowledge our needs. Public Speaking training is one of the main needs of IofC Indonesia team.

Presenting Straight to the Point (PSTTP)

Presenting Straight to the Point is a two day-workshop that demonstrates to participants how to get a message across quickly and concisely during a presentation. This program insists on a clear cut objective and using the appropriate approach when dealing with people from different walks of life. Applying this powerful technique enhances the participant’s confidence, both in a professional and personal context. The participants learn to tailor their presentation using a well-organized structured text, to demonstrate the use of non-verbal communication skills in their presentations, and to build self-confidence and calmness before delivering a presentation. Here are some feedbacks from participants:

I enjoyed the workshop as much and got a lot from it. It is a practical approach to enhance our presentation, as it refers to presenting straight to the point (Richard Tan, Malaysia). The trainer gave clear steps and instructions to the things we were asked to do. We also learnt how to receive and give feedback effectively (Vey, Indonesia). This workshop met my expectations. I learned to structure and deliver a speech properly. I would like to share with my friends and students about this applicable training (Oji Fahruroji, Indonesia).

We are grateful that Patrick could share his time with us. The knowledge and learning he has shared will help us immensely and we will take his words into practice.

Reported by Yofrina Octika Gultom
Positive Teacher’s Camp 2019

A teacher takes a hand, opens a mind, and touches the heart. The influence of a teacher can never be erased. Being a teacher needs space to reflect on their teaching experience to assess self, to develop knowledge and to gain new ideas. Generasi Cerdas Indonesia (GCI), in collaboration with Initiatives of Change (IoFC) Indonesia, ran the 5th Positive Teacher’s Camp with the theme of “Learning from Reflected Experience”. This 2 day-camp was conducted in Bogor and attended by school principals and teachers from some schools in Jakarta.

The participants were welcomed with tea; beyond just serving and receiving tea, this activity was aimed to introduce the process of tea making. The message was that we sometimes take things for granted. Through this session, we were encouraged to embrace the process and appreciate what we have.

Dr. Saryono, from Curriculum Department officially opened the camp and said, “My appreciation to Mohamad Ramadhona and all faculty members for running this camp. I personally learned, through the tea welcoming, that we should appreciate life’s journey.”

Dik Doank, the founder of Kandank Jurang Doank, a learning community, led a session on being a reflective teacher. “Teaching is a noble job that serves humanity. The teacher’s sincerity in teaching will be a blessing for teacher and students.”

During the morning reflection, Barbara Lawler, from IoFC Australia, shared about her experience in having quiet times. She is committed to live the values of inner reflection and becoming the caregiver for the young IoFC team in Asia Pacific. She said, “Lots of thoughts come to my mind through quiet time. It takes practice to be quiet and inner listening can be practiced daily.”

Mohamad Ramadhona, an education reformist, presented a session on “Being
a Happy Teacher.” “A happy teacher is someone who can feel and respond to his or her emotions. We learn how to prevent negative emotions and induce positive ones”. The participants were divided into groups to share and discuss issues happening in their schools. One teacher shared, “I will learn to control my emotions and keep calm when handling students' behaviour.”

Rekha Shahani, from IofC India, presented a powerful session on “Listening to the Inner Voice: Take time every day to listen.” She also talked about her personal experiences as the head of a school in Mumbai and also shared a program called Education Today Society Tomorrow (ETST) hosted by IofC India. Miftahul Huda, from IofC Indonesia, said that it is essential to have reflection with students so that we could share thoughts and create changes together.

As a closing statement, we were given a quote by Mahatma Gandhi, “Silence is both a physical and spiritual necessity for me. In the attitude of silence my soul finds the path in a clearer light.”

In decision making and goal setting, the participants were given a space to share on what actions they will take as individuals and groups. A principal shared that she is inspired with the Quiet Time session and will apply it daily with teachers at school. One teacher shared, “This camp recharged my energy and I am ready to serve better as a teacher.” Another teacher said, “This is what I need as a teacher, having space to reflect, sharing thoughts with teachers, and refreshing my mind by attending this camp.”

We are so thankful that the participants learnt and were inspired by the camp.

Yofrina Octika Gultom

This was a trip worth cherishing and remembering. IofC Indonesia always makes me think. What inspires these youngsters to do what they do. They have a strong conviction somewhere that inspires them to do things for the community. Knowing many of them on a personal level, I must say that each one of them sets its own goals and dreams and shares it with the team. May this group of youngsters keep inspiring not only the youth but all age groups. My visit to Indonesia to participate in the International Conference on Communication Development (ICCD) and later on the International Positive Teacher’s Camp has inspired me to do more and be a source of inspiration to these youngsters. My deep gratitude to Yofrina, Huda, Irna, Rama, and the entire team of GCI. I wish all the very best to the Indonesian team of IofC. It has been indeed understood to meet all of them on their homeland as I always met them in my homeland, India. Stay blessed and safe till we meet again.

Rekha Shahani

Teaching is a noble job that serves humanity. The teacher’s sincerity in teaching will be a blessing for teacher and students.
Inner Growth Companionship Program (IGCP #4)

An Inner Growth Companionship Program (IGCP) 4 was held in Bandung, 26th to 29th December 2019. This program is the School of Reconciliation’s routine training program that happens every year for upgrading all the volunteers’ skills, and of course supported by the Akasha team from Malaysia; Nandor, Wenny, Xiang, Karen and Jennifer. Also there was a special guest in the training; a lovely lady from the UK, Anne Sharon. There were 11 participants who joined the training this time. The main topic discussed in the training was “Inner Bonding”, how we reconnect and build relationships with our inner child. The training was also to strengthen the bonds within the team.

Included in the 4 days, the intensive training lasted three days. The last day was for a one-day workshop for the public. Every morning, Nandor led the session on what IoF is, the core values, the history from Frank Buchman and the practice of inner listening (quiet time). The second session was team building conducted by Nandor and Wenny. This session was more about how to understand the stages of each person/volunteer in the team, so that the team can choose the role as their understanding to the community (School of Reconciliation).

The third session was reading an Inner Bonding book and doing some exercises based on the book, such as creating a dialogue between the inner parent and our inner child. With this process, we are taught to have more understanding of ourselves and to be able to love ourselves properly. The last session was movie night. We watched a movie and then discussed the message and the learnings which can be taken from the movie related to our training. On day two the last session was a community night; we
played games and sang songs. On the third day, the last session was Conflict Resolution and preparing a one-day workshop on 29th December 2019.

The one day workshop was supported by Peace Academy of PeaceGeneration Indonesia and boardgame.id. The theme of the workshop was “Self-Acceptance”. Around 32 people attended the workshop from 09.00 am to 04.00 pm. As our tradition of Indonesian people and IofC, the program started by singing our national anthem “Indonesia Raya” and this was followed by, “Be the Change” from IofC.

Nenden and Dhuha as representatives of the School of Reconciliation shared their personal stories on how they met this work and became interested, their relationship with their parents in the past, their childhood and how this program helped them to have a better life. After sharing, participants were given time to ask anything to the speakers. Then after a break for lunch, participants were asked to share in pairs what they found new from the previous session.

“Images” is a song with a powerful message and the team sang it before Nandor and Wenny started the afternoon session. This song talks about how people everyday use their mask to pretend and not be the person they really are and this related to what Nandor and Wenny would share. Nandor and Wenny are a couple and they have given audiences an understanding about the relationship between husband and wife by sharing their life story with their parents. Wenny talked about her relationship with her father and Nandor talked about his relationship with his mother. Both stories were powerful and they helped all the participants to reflect and share about their life; some of them were emotional. This was followed by an interaction with questions and answers so that participants could fully understand what they had heard.

The last session of the workshop was how to respond and resolve conflict in a relationship. Nandor said that all the problems or conflict come from interpersonal relationships. The participants divided into small groups and practiced the “five steps on how to respond and resolve conflict’. The workshop ended by singing ‘It’s Better to Light One Candle than to Curse the Darkness.’ This song spoke about what we can do for this world even it is a small thing.

The workshop was the last activity of the School Reconciliation learning program. All the people in the team felt tired and excited at the same time. Tired because of all the activities and excited to welcome emerging new energy for their life after the training. We ended our training program by setting the agenda for next year, attending the international conference in Malaysia, hosted by Akasha Learning Center in June 2020.

reported by siti rukoyah
## FINANCIAL STATEMENT

### Income

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FUNDING

This is annual financial report from January to December 2019.

Thank you to all donors,

We gratefully acknowledge all the donors who back our mission and activities financially. To all personal and institution donor. Also huge thanks to all people who gave the money, time, and energy for IofC Indonesia along this year.
OUR TEAM

Irna Yugaswatie
President

Yofrina Octika Gultom
Secretary

Dinnie H. Firdausi
Finance

Nenden Vinna M.
Program & Partnership

Nur Hayati Syafii
Administration

Anne Rufaida
Social Media & Creative
SUPPORT US

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a/n Lembaga Initiatives of Change Indonesia
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Swift Code: BMRIIDJA

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