



ANNUAL REPORT

2017

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01

TEAM VISIT TO BANDUNG



Team Visit to Bandung at Co-Working Spance, Peace Gen Indonesia

lofC Indonesia's core team visited Peace Generation on Saturday, March 4, 2017. Irfan Nur Hakim, a member of Peace Generation, who took the role of moderator, welcomed us to the Peace Generation secretariat house. He was also one of the participants of the 12th Youth Leadership Camp held by lofC Indonesia in Malang.

Irfan Amalee, co-founder of Peace Generation shared about the history of Peace Generation and their programs which focus on peace values. "We are concerned with conflicts and terrorism issues and we run some training programs."

Irna Yugaswatie, president of lofC Indonesia presented the profile of lofC Indonesia and represented our team to give a souvenir to Irfan Amalee. Erick Lincoln, co-founder of Peace Generation said that sharing is one of lofC -

cultures. We could spread the ideas of lofC to people by sharing the core beliefs.

On March 5, 2017, we visited the gallery of Sampahkoe, an environmental community focused on encouraging waste reduction through AR3E (Action, Research, Education, Empowerment, Entrepreneurship). Khilda Baiti Rohmah, founder of Sampahkoe shared about her experience in the environmental field. Khilda was also one of the participants of the 8th Youth Leadership Camp held by lofC Indonesia in Garut. We listened to Khilda's inspiring personal story and talked about our plan to collaborate in making Quiet Time books which are made of recycled materials.

Reported by Yofrina Octika Gultom

02

— My Short Visit to Indonesia



lofC Indonesia's Team with Joao Felipe W. Elias

After almost two years, I visited lofC Indonesia again. In 2015, I held a project at lofC and that took me from my home country, Brazil, all the way to Indonesia. It was great to see all my friends again, learn about their lives and meet the new members of the organization. Our Saturday gathering was as happy and encouraging as I remembered them to be. lofC Indonesia for me represents what's the best about Indonesian society; its friendliness, its hard work, and its high disposition to improve. I hope my next visit does not take me that long, because I miss my Indonesian lofC family.

Reported by Joao Felipe W. Elias

03

– Asia Pacific Regional Gathering (APRG)

On 29 April – 6 May, 2017 I got a chance to represent lofC Indonesia at the Asia Pacific Regional Gathering (APRG) in Taiwan. APRG is a bi-annual conference which is hosted by Asia Pacific Coordination Group (APCG) members. It is aimed to listen to updates of each member of lofC in Asia Pacific Region, to discuss current issues around the region, to select the members of APCG, and to build connections and collaboration across the region. This year's conference was attended by delegates from Taiwan, China, Sri Lanka, South Korea, Cambodia, India, Indonesia, Timor Leste, Vietnam, Malaysia, The Philippines, Australia, and a representative from the Arab Regional Coordination Group from Palestine. It was great to meet lofC old fellows and to get to know new friends.



lofC Indonesia Team visited Taiwan



APRG Participants

Soufeng and Oufang, from lofC/ MRA Taiwan warmly welcomed us at the center of lofC Taiwan. After all participants arrived at the center, we left for Home of Hope, Galilee Center of the Presbyterian Church of Taiwan, the venue of APRG. Before going to the venue, we paid a short visit to a village near Home of Hope.

During APRG, the delegates presented their country and program updates. I learnt lots of things and found out that each team has its own challenges in

running programs. Most of the teams acknowledge that financial issues are the biggest challenge in their countries.

During APRG, my team and I had longer conversations with some potential fellows in building collaborations, such as: fellows from lofC India and lofC Australia. I am amazed with the willingness and commitment of lofC fellows in supporting young teams like the lofC Indonesia team. It shows that family is not always blood. We have 6 members of the APCG: Rekha Shahani (India), Siddharth Singh (India), Ou Yang Hui Fang (Taiwan), Patrick Sta Maria (Malaysia), Ng Chui Cheng (Malaysia), and Nhat Nguyen (Vietnam).

My expectations were met. Not only have I gained experiences and concrete plans for my team, but also through honest conversations I improved myself.

Reported by Yofrina Octika Gultom

04

The 4th Asia Pacific Life Matters Course (LMC) Indonesia



Community Building in Cisarua, Asia Pacific Life Matters Course 2017

The Life Matters Course (LMC) is a residential course for young adults to shape a path and purpose for living. The courses have run continuously since 1995. LMC was originally initiated by Initiatives of Change (IofC) Australia and the 4th Asia Pacific-LMC was held in Bogor, Indonesia. This year's course brought together 33 participants from seven countries and from various backgrounds. The theme was finding a path and purpose in life.



Participants of Asia Pacific Life Matters Course 2017

In the opening ceremony, Irna Yugaswatie, the president of lofC Indonesia delivered her opening speech to welcome all participants and to thank faculty members for their hard work and support. She also thanked all donors for their contributions to make this course happen. Umam, a former participant of LMC shared his experience while attending the LMC in Australia. "We are sometimes too busy to think about other people, till we forget to think of ourselves." Umam realized that he had a family conflict which he used to ignore. After -

joining the LMC, he reflected and wanted to connect more with his family.

In his welcoming remarks Rob Wood, the main facilitator of LMC invited the participants to think deeply about their readiness to be change makers in society. "May LMC be a space for us to reflect on our path and life purpose and make friends for life". At the end of the opening ceremony, students of Jagat Arsy boarding school, a partner of lofC Indonesia performed a dance. At last, we were ready to learn and experience the course.



Visit Hope Learning Center

During the community building day, the participants visited the Hope Learning Center (HLC), a center for refugees located in Cisarua. Mustofa, from Afghanistan was inspired by the children and he loved to see children smiling. "The children struggle to continue their life and I see it as hope." HLC is a symbol of commitment of people working together. They may struggle with their financial situation as well but they learn to face their difficulties. The community gives hope and embraces the refugees as part of the world.

Dr. Agus Mulyana, a speaker in a panel sharing session, said that we should create peace through the values of religion and respect other religious beliefs. Family problems will never end. He runs some classes for children and adults to learn about the Al Qur'an at his mosque. "We should create peace and share goodness to fellow humans. It is good to see people concerned enough to want to create a peaceful life so that we can all feel secure." The participants learnt to love, be sincere, and respect one another. Everyone can be community builders wherever we are by starting conversation and building relationships. "Acceptance is the key and understanding one another makes everything possible."



Panel Sharing Session

Each morning there was time for quiet reflection after some input was given on a topic such as the standards we aim to live by, apology and forgiveness, and gratitude. Saying sorry is a commitment because when we say sorry, we commit not to repeat the mistake. When an apology is given and responsibility is accepted, we may find ourselves feeling free. When we forgive, it doesn't automatically make things right but it can take us a step forward.



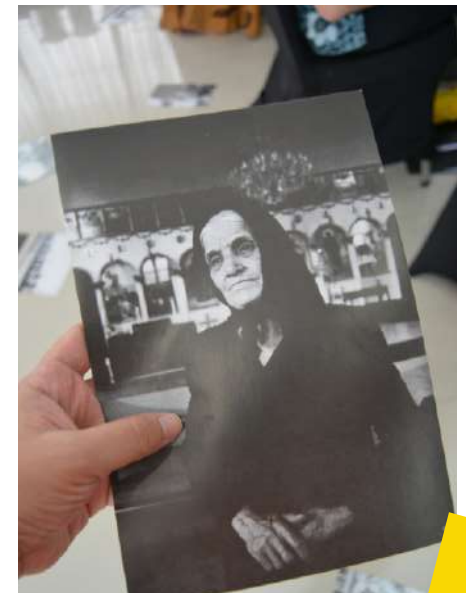
Sharing Session

We all need a spark of inspiration and at times are given ideas which can make things possible if we pursue them. Wendi Wijarwadi shared from his experience as part of lofC Indonesia since 2006. "As an auditor in a government office, I was challenged to apply honesty, a value which I learnt from lofC. "Commitment is the

most important aspect. I commit to work professionally and honestly in my work place, moreover I have to deal with the corruption issue. When I continued my master's degree in the United States, I realize how my involvement in lofC has a big influence in my life."

During life story sharing session, Nenden from Indonesia shared her life story - how her parents treated her, how she found happiness, and finally, how she discovered her inner voice. "I used to be alone when something bad happened to me, but after I knew the power of sharing, it relieved me and it really helped me. Since then sharing is very important to me". It is okay to cry, it's a part of body-healing, the body can express the pain inside by crying.

The participants were divided into groups, they reflected on some questions and then shared within the group. The questions were - What qualities do I have that are important to be a change maker? What is a first step towards being a change maker that you -



can take right now? and What challenges do I see in the journey? The challenges always exist such as financial issues and human resources. Anne, from Indonesia said that everyone could be a change maker as long as we have a willingness to make a positive change.

All participants gave a presentation about their culture and their country so that everyone could learn about each other's cultures. As Rob Wood said, "We only have to understand each other's cultures so that we can respect them. Be open to the world, respect each other, and peace will come out of it".

The participants learnt to change ourselves, engage others, create answers, and give hope to humanity. The participants took a pause and reflected on the journey they had been through. They thought about the issues they were concerned about and what actions they were going to take. At the conclusion of Life Matters, we made commitments for our own lives and surroundings to find purposes in life and to create a better world.

Reported by Yofrina Octika Gultom & Alifah Djula



05

—
IME
Conference
"The 4th
Industrial
Revolution"



With the Minister of Communication and Informatics of Indonesia Republic, Mr. Rudiantara.

The annual event IME Conference is an international conference held by the students of the British School in Jakarta. This conference was aimed to inspire the future generation and to build the awareness of creative entrepreneurship. To acknowledge and understand the economic revolution that is happening and impacting the global economy is important for today's young generation. This so called millennial generation is the main generation who will build and play an important role in the future of national and global economies. The invited speakers came from various backgrounds; Government officers and Ministers spoke about policies and plans that are developed to nourish the development of the national creative economy.

Entertainment sectors were represented by the Diva Singer Rossa, who shared about her career journey and current challenges in the music industry, impacted by technology. She also shared how she started her entrepreneurial experience building her Family KTV business and her own perfume brand which has just been launched to the market.

Private sector companies, Media and Creative Industries were represented by GE, Erick Thohir (founder of Mahaka Group) and Wishnu Tama (Founder and CEO NET TV). They shared about the talent mapping and management in which they currently share the same challenge: managing and retaining the creative, innovative yet unique millennials.

This discussion gave a brief description of today's job that would be faced and created by the millennials. Sandiaga Uno who was recently elected as Vice governor of DKI Jakarta also shared his concepts of OK OCE Creative entrepreneur and his experience and mindset in building his global business through the past years. The conference was officially opened by the Principal of the British School Jakarta. The first Session was with Dewi, the representative from Creative Economy Indonesia. In between the sessions there was an acoustic-

performance from the students of BSJ. The second session was a delightful session with Rossa. The third Session was the representative of GE who shared the stage with Erick Thohir and Wishnu Tama. The last session was with the Minister of Communication and Informatics of the Republic of Indonesia, Mr. Rudiantara and Sandiaga Uno.

At the end of the conference everyone enjoyed a delicious dinner served by the committee while also networking and making conversation. The lofC team had a chance to casually discuss with the Minister, introducing what lofC is and its programs and what possibilities we have for future partnership and program engagement.

Reported by Irna Yugaswatie

06

Tempo Media Week: lofC Indonesia Booth

On November 24 – 26, 2017 lofC Indonesia was involved in the community exhibition for Tempo Media Week. This event was held at the National Library of Indonesia. This year's theme was, "Hand in Hand for A Better Digital Society."

The event consisted of exhibitions, a panel discussion workshops, a master class and seminar. lofC Indonesia, together with social communities in Jakarta, welcomed the visitors to their booth and introduced their core activities.

During the exhibition, we fundraised by selling lofC Indonesia T-shirts and notebooks. The exhibition became a space for us to share what lofC is, our programs and to build a network with people. In addition, we ran art therapy and a listening booth for the visitors who wanted to share and express their feelings and thoughts through art. Some visitors also enjoyed playing a board game about peace with our team. A testimonial from a participant said, 'Listening to the lofC team made me realize more about the essence of listening to the inner voice. I would love to hear more about the values taught in the lofC circle.'

Some visitors are keen to know more about lofC and we kindly welcomed them to visit lofC Indonesia secretariat house.



Tempo Media Week

Reported by Yofrina Octika Gultom

07

— Asia Plateau Volunteers Internship Program 2017



Najah Raniyah
APVIP 2017

14th February 2017, precisely on Valentine's day was a flowery moment that I had been waiting in my life. I readily stepped my feet to another chapter of my life, going to India. Going abroad for internship program might sounds interesting for everyone, but this journey means more than prestigious for me, it was beyond that! I would stay with other participants who come from different part of the world and worked with them for four and a half months at the greatest center of lofC in Asia named Asia Plateau (AP). I put my full -

enthusiasm to explore myself more than I used to do during staying in Jakarta, that's why this moment is one of blessings I ever got.

The moment when I reached AP, I could exactly feel how calm the place was! I captured everything that I saw, I heard, I tasted, the sense was super relaxing and positive. Having located in the middle of jungle with friendly animals, big trees, mountains, beautiful garden and fresh environment, has made this place feel special for those who want to meditate and learn from nature.

People in AP are so lovely, they are willing to share their experiences and perspective regarding life with full of compassionate. I feel like, AP was the safest place for me to be the real me and cure my past stories. I learned how to let go of my past with some process. One of the processes that I had is inner listening; it was part of my breath every morning as well as a great space for me to have dialogue with my own self in order to figure out myself as a person and my life as a human.

Besides self-exploration, this center also works for any type of training and seminar starting from family until military members. Having deep conversation with participants, sharing our knowledges and understanding



With Asia Plateau Volunteers 2017

about anything, was able to enhance my ideal perspectives.

Not only staying in the center, we also got a chance to do outreach around India. I stayed in Pune for a week and visited some lofC seniors to listen to their stories as well as their journey in life. One quote that sticks with me until now “Live your life in the present”. This quote came as a gift during my outreach that I need to keep.

Furthermore, I also learned about change and I absolutely agree with the concept of “change starts with me, and it starts from within”. It really moves me to be the change maker and come as a person who starts taking initiative to do something’s different to create better society that I would like to see.

After coming back to Indonesia, I feel relieved and come as a different person who knows how to control myself and work with my dreams. Besides that, I always try to live-up the four core values (honesty, purity, unselfishness, and love) that I deepen during my stay in AP. Until now, I keep cherishing all the beauty memories I had and keep sharing my stories about my journey in India that becomes a turning point in my life and shape my personality.

Thanks to Initiatives of Change (lofC).

Reported by Najah Raniyah



Siti Rukoyah
APVIP 2017

I feel privileged to be part of Asia Plateau Internship Volunteer Program organized by lofC India. I never thought that I would go abroad for that long especially for an internship program. I do remember for the first time in my life that my father came to lofC secretariat

house and gave a little speech in front of my lofC friends. He also accompanied me to the airport together with my friends. I had lost our time together in the past and I had my father back for me. Those moments gave me positive energy and hope to go to India.



APVIP with Rajmohan Gandhi

I stayed in a beautiful center of lofC in India called Asia Plateau for four and a half months with other participants. Living in AP gave me chance to meet many people from different background and interact with them. I felt so much love around them. During my time in AP I learned to forgive my past and to let go my pain. All the processes I experienced were not easy I need to drop my egos but like what Nieketu Uncle, lofC senior from Nagaland said 'Human being should change to create a better relationship because it gives hope to others, and to give hope to others we should change started within ourselves'



All participants were divided into two groups for outreach program. I stayed in Mumbai where I had an amazing experience. We visited the U.S embassy, some schools, NGOs, some historical places in the southern part Mumbai. The activities really opened my eyes and my mind and broke my prejudice towards Indian people.



Outreach to Asia Plateau

I felt so grateful that I have precious experience with the greatest teammate I had where we care, encourage and help each other. We come from different backgrounds and I respect this relationship. For me lofC does not only teach me a way to live but also gives me a big family in the world.

Reported by Siti Rukoyah

08

Saturday Gathering "Beyond Transformation"



Saturday Gathering "Beyond Transformation"

On 24 September 2017 we had a Saturday Gathering with the theme, "Beyond Transformation". Raniyah and I, participants of Asia Plateau's Volunteer Internship Program shared our experiences during the internship program. We were welcomed by our friends at the lofC secretariat house after staying for four and a half months in India.

During the session, we shared what made us interested in joining the internship program, the challenges we faced, the places we visited, people we met, and the processes we went through during the program. When we showed photos of the sessions at Asia Plateau, it brought back memories about this prestigious program. I hope that people were inspired by our stories and some friends might be keen to participate with this program in the future.



With lofC friends on Saturday Gathering

Some friends gave us questions about what we had learnt there and how we worked together as a team. Before the gathering ended, we sang a medley song that we sang in a session in India. The song which comes from different countries talks about loving our land. I felt more connected with other participants through the song. It showed beautiful harmony with different languages. I felt glad to come back and gather with my team in Indonesia.

Reported by Siti Rukoyah

09

The School of Reconciliation



Sharing About Geonogram

The School of Reconciliation was held on 4 November 2017. This program was conducted at the office of Peace Generation in Bandung. The first session started with prayer and quiet time/ inner listening led by Ukoy, the organizer with the input: 1) What is my purpose to join this program? 2) What is my expectation from this program? 3) What do I want to share from my life in this program? The participants wanted to know and understand about themselves better, to find the root of the issues they are facing right now and to rebuild relationships with their family.

The second session was genogram (family tree) led by Hayati; this session was also called sensitivity training. Each participant had 20 minutes to present their genogram and then 10 minutes to receive feedback from the other participants and facilitators. This session was aimed to discover one's own journey. They learned who they are now through the family system. The participants also got to know the roots of the issues they are facing now which is actually related to the family system.

The third session was in depth healing. This session was led by Nenden, the main facilitator. This session is a very deep healing session for participants in which they were asked to write a letter. Before the participants started writing, Nenden explained the concept of Inner Child and Inner Parent within oneself. They were asked to write a letter from the Inner Child side and expressed their wishes and their true feeling to their parents. They were asked to write a response to the first letter from the Inner Parent side as it was an exercise for them about acceptance and forgiveness which would help them to get healed.

One testimony from a participant, "In this training, I learned about my family tree that is not only the

treasure passed on the children but also hatred, identity crisis, the pattern how we grew up, all passed from one generation to the generation. Through this program we are asked to remember moments in the past because those all contributed to our attitude now".

Reported by Nur Hayati Syafii

10

—
Asia Pacific
Youth
Conference
(APYC)
2017





Anne Rufaida

I first joined APYC in 2016. I felt grateful to be invited as part of the APYC India committee and I was very excited to attend this amazing conference. Even more, I had an opportunity to work together with an international team, to design APYC items, such as

flyer, brochure, and logo. This conference always surprises me, to know more about myself, how I learnt to connect my passion with my gift and find answers on how I can contribute to my community and my country.

Being part of lofC programs always feels like I am traveling around the world. Meeting people from different cultures and backgrounds makes me realize that being different is unique.

This year's APYC opened my mind wider about what is exactly happening with this world - when I listened to a session on the Afghanistan dialogue, I saw how tough Afghans are in facing conflicts in their country, and how they lived apart from their family in order to get a proper education in another country. I believe -

that hope is wherever you are. If we want to make something better, it always starts with ourselves.



Khilda Baiti Rohmah

I first joined APYC in 2013 in South Korea. It was a month after I got married to my husband. I reflected on how I could be a good wife. I also thought of my parents who were divorced in 2011. Their divorce hurt me a lot. Through the conference, I learned to love myself and my family.

When I joined APYC in 2016, it was my first time sharing about the sexual abuse I experienced when I was 12. I felt so traumatic. I decided to join APYC in 2017 to heal the past. My expectations were met. Healing from the past, meeting new people, sharing my personal stories helped me to feel love of people. I also had much time for myself which was precious as I didn't have much free time in my country because of full activities. I also learnt to express my feelings and emotions honestly.

I was so glad that some participants were keen to come to Indonesia to know more about Sampahkoe community, an environmental community I established which focused on encouraging waste reduction. I believe that we can change the world with simple things. "Do the best and be yourself."



Neas Wanimbo

APYC 2017 was very memorable for me. I learned to love myself unconditionally and respect others. I also learnt about the value of humanity, peace, patience, and love. It was great to build a network with my friends from various backgrounds. We may have

different points of view but we respect the diversity.

I was glad that I could introduce Papua to the participants through dancing during the cultural performance. I felt happy that I could represent Indonesia in APYC together with my team.

The 23rd APYC was my first international conference with lofC. I was very excited because the conference was held in India, one of my dream countries.

I had a chance to meet amazing people from various countries around the Asia Pacific region, found new best friends, and stayed in Asia Plateau, the most amazing place in Panchgani.

I learnt about acceptance, listening, and understanding both my inner and outer side. I struggled to have a quiet time because I had not experienced this before. I started to realize that it is an essential moment of listening to my inner voice as part of self-reflection.

The most exciting part for me was I could represent my country and share about the culture of Indonesia. Going abroad always becomes something that I love because at that time I could be the face of Indonesia. People saw me as the representative of Indonesia and I could not be more proud of being an Indonesian. Thank you lofC Indonesia for giving me this valuable chance to be a change maker.



Rohmatulloh Amirodtudin

As part of the Asia Plateau Volunteer Internship Program (APVIP) in India, I had an opportunity to join this year's APYC. I was involved as a faculty member of APYC together with other participants of APVIP. I faced some -



Samrotul Mufidah

challenges working in a team and learnt how to work with different personalities. I also learnt more about myself and could communicate better with my team. Through the conference, I celebrated differences with all participants. Reflecting on the theme 'The Future We Want', I realized that I want to be part of the change to make a better world. The world we want depends on us. I also had honest conversations with participants of APVIP. We openly expressed our feelings and emotions; it was such a precious moment for me. This year's APYC made me more aware of myself and the world. I believe each of us can contribute to make change in the world with our ways and the skills we have.

This is the third time for me to attend APYC and I always love to be part of this prestigious event. APYC is more than just a conference, it gives me space to recharge my energy, to reconnect with old friends, to make new friends who come from - different experiences and backgrounds, to talk and listen to each other, to get inspired, and it encourages me to speak my mind. The venue attracted me even more for this year's APYC as it was held in Asia Plateau, the lofC India centre.



Yofrina Octika Gultom

Being part of the lofC Indonesia family, I love to share my experiences and thoughts to my community that we may plan, reflect, and take action together for the better future we want. I want to learn more about the four absolute standards: purity, honesty, unselfishness, love and apply them in my daily life. I also want to commit myself to having a quiet time to reflect on myself, to listen to my inner voice, and to find the right direction in my life.